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THE BEST OF BEAUTY  
city guide

## CHICAGO

### Elizabeth Arden Red Door Spa

A behemoth of limitless beauty treatments. **WHAT WE'RE BOOKING:** Ceramide Recapture Facial, \$140; an extra-plumping treatment finished off with a brightening and toning mask. **919 N. MICHIGAN AVE., MAGNIFICENT MILE, 312-986-9191**

### The Peninsula Spa by Espa

Soft lighting, dark wood, and supreme quiet make for ultimate relaxation. **WHAT WE'RE BOOKING:** Espa Anti-Aging Active Peel Facial, \$300; the amazing



THE PENINSULA SPA BY ESPA

face massage leaves skin flushed and glowy. **108 E. SUPERIOR ST., NEAR NORTH SIDE, 312-573-6860**

## What we're taking home with us:



This mask leaves skin soft and supple (like **RUBY ROOM's** facial). **ARCONA WINE HYDRATING MASK, \$38, ARCONA.COM**

**ELIZABETH ARDEN RED DOOR SPA** uses Ceramide Gold Capsules to strengthen skin. **ELIZABETH ARDEN CERAMIDE GOLD CAPSULES, \$68, SHOP.ELIZABETHARDEN.COM**



Mimic the glow of **THE PENINSULA SPA BY ESPA's** facial with the brand's silky Super Active Complex. **ESPA SUPER ACTIVE TONE AND FIRM COMPLEX, \$85, ESPAONLINE.COM**

**Ruby Room** Along with best-in-class facials and massage, this New Age spa has a Chinese herb bar and auratherapy. **WHAT WE'RE BOOKING:** Ruby Deluxe Arcona Facial, \$175; organic fruit enzyme peel, made irresistible with a neck, shoulder, and arm massage. **1743-45 W. DIVISION ST., UKRAINIAN VILLAGE, 773-235-2323**

**Spa Space** Pure bliss in the middle of Chicago's harried financial district. **WHAT WE'RE BOOKING:** Rejuvenating Facial, \$110; a series of perfecting masks—collagen, pore-refining, and hydrating—renders your skin very close to flawless. **165 N. CANAL ST., NEAR WEST SIDE, 312-466-9585**



DERMALOGICA

## LONDON

### Cowshed Shoreditch House

Rustic-meets-modern spa on top of one of London's newest hot hotels. **WHAT WE'RE BOOKING:** Cowshed Facial, about \$105; a full cleanse-steam-scrub-hydrate with a scalp massage thrown in for free. **EBOR ST., SHOREDITCH, 44-207-749-4531**

**Dermalogica** Bright pop-art portraits line the walls in this mod skincare wonderland that feels more like a party space than an austere clinic. **WHAT WE'RE BOOKING:** The Dermalogica Skin Treatment, \$95; a combination of vitamin-enriched creams and serums makes skin look fresh and dewy. **8 LANCER SQ., KENSINGTON, 44-207-937-7060**

**Dr. Sebagh Clinic** Clients fly in from all over the world for this dermatologist's age-rewinding skincare treatments. **WHAT WE'RE BOOKING:** The Meso Glow Facial, about \$400; a cocktail of vitamins and antioxidants is delivered to the skin through painless micro-injections with an air gun—scary-sounding but totally effective for plump, radiant skin. **25 WIMPOLE ST., WESTMINSTER, 44-207-637-0548**

## What we're taking home with us:



Maintain the lit-from-within radiance picked up at the **DR. SEBAGH CLINIC** with his Essential Glow cream-gel. **DR. SEBAGH ESSENTIAL GLOW, \$130, BARNEYS.COM**



The **DERMALOGICA** clinic likes to add this ultra-moisturizing booster to almost any skincare routine for the winter. **DERMALOGICA SKIN HYDRATING BOOSTER, \$54, DERMALOGICA.COM**