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WHAT'S BETTER THAN AN ALL-NIGHT PARTY? GETTING A MASSAGE AFTER AN ALL-NIGHT PARTY

3:30 PM, SEPTEMBER 30 2010 BY MAURA LYNCH

I'm on a fact-finding mission right now for an upcoming spa roundup (tough job), and it's triggered a memory of one of my favorite massages ever--no, not the time the masseuse burped. It was an early-morning massage after a late night out in Atlantic City. I stayed at [Harrah's](#) for the night with one of my best friends--yes, one of those cheesy girls' night--not going to bed until about 5 am, but woke up in time for a 10 am massage at the [Elizabeth Arden Red Door](#) in the hotel. (Note: You should not be under the influence of alcohol when you do this because it actually is a health hazard--being tired from dancing to Rihanna is fine, but being drunk is not).



Photo: Courtesy of Elizabeth Arden Red Door

NOTHING gets me out of bed on that little sleep--except for a massage. Nothing! Except maybe [Billy's banana cake](#). Or [Alexander Skarsgard](#) holding a Billy's banana cake. Never has a massage been more detoxifying or felt so extraordinarily therapeutic, due in large part to the experienced staffers at Red Door--and hanging out in the steam room and saunas afterward wasn't bad either. I'm seriously ready to do it again. What's your most memorable spa experience?

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