

# InStyle Hair

SPECIAL ISSUE

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ADRIAN TILLY

# Top Secrets

## FROM THE PROS

Celebrity stylists reveal the tricks that keep their A-list clients looking so gorgeous

BY ELIZABETH JENKINS



### 1 COOL YOUR CONDITIONER

“Leave conditioner in the fridge to keep it cool. This way, it will instantly seal the cuticles because it’s already at a low temperature.”  
—celebrity hairstylist Tippi Shorter

Tigi Bed Head Ego Boost Split End Mender and Leave-in conditioner, \$16; [tighaircare.com](http://tighaircare.com) for salons.

### 2 APPLY PRODUCT STRATEGICALLY

“Where you should apply product depends on texture. For fine hair, concentrate volumizers near the root for body and lift. For other textures, don’t start at the top of your head or with your bangs because too much styling or smoothing product there will weigh down your hair.”  
—celebrity hairstylist Kiyah Wright

### 3 RINSE, THEN RINSE AGAIN

“The key to a sleek, shiny finish is a thorough cleansing. Take the time to rinse well—leftover oils, dirt and products make hair look dull and lifeless. A clean canvas ensures a great style.”  
—celebrity hairstylist David Babai

## 4 PLUMP UP FINE HAIR

"Mousse is great for adding volume to fine hair. Apply it only to the roots—to avoid making hair appear stringy—then hold hair vertically and blast with heat to seal in volume." —celebrity hairstylist *Richard Marin*

## 5 FIX FLYAWAYS

"Spritz holding spray onto a natural-bristle eyebrow brush. Use it to lock unruly hairs into place around your part, hairline and above the ears."

—celebrity hairstylist *Mark Townsend*

Sonia Kashuk Tools  
Deluxe lash/brow  
groomer, \$8; target.com.



## 6

### CHOOSE THE PERFECT SHADE

"Christy Turlington Burns's rich color is inspired by a photo from when she was about a year old: Babies' hair is much more luminous. As you age, hair color becomes drab." —celebrity colorist *Brad Johns*



CHRISTY TURLINGTON BURNS

## 7 BUTTER UP BRITTLE STRANDS

To moisturize dry hair, apply organic almond butter to the parched areas. Let the butter soak in for 30 minutes, then shampoo and rinse well. —*David Babaii*

## 8 DRY CURLS LIKE A PRO

"Blow-drying curly hair can be tricky. The key is to keep your blow-dryer on the lowest setting and direct the air downward to prevent frizz. Want more definition? Once it's completely dry, set your hair in large heated rollers, tucking the hair under and rolling up instead of outward. Leave the rollers in for 20 minutes and then run your fingers through your hair to create loose, flowing curls." —celebrity hairstylist *Frédéric Fekkai*



Jilbere Ceramic 20  
Roller Setter, \$50;  
sallybeauty.com.



OUR PANEL OF EXPERT STYLISTS SWEAR BY THESE HAIR PRODUCTS

**GOODY OUCHLESS**

**ELASTICS** \$2; at drugstores  
“These don’t have metal on them, so they won’t snag your hair. They now come in natural colors to blend in with your shade.” —*Kimberly Kimble*

**CARDINAL NEON RATTAIL COMB**

\$1; sallybeauty.com  
“For a ponytail chignon, use this tool to add volume at the crown of your head. It’s the best.” —*Richard Marin*

**SPORNETTE MIXED**

**BRISTLE BRUSH** \$10; at beauty supply stores  
“The nylon-porcupine bristles on this brush pick up the strands from the scalp, and the short boar bristles smooth the hair shaft. Round brushes create more tension with hair than flat ones do, which ultimately makes for a straighter, sleeker style.” —*Mark Townsend*

**CREME OF NATURE SUNFLOWER & COCONUT DETANGLING CONDITIONING SHAMPOO**

\$5; at drugstores  
“I love this shampoo for women with really coarse texture because it’s so hydrating.” —*Kiyah Wright*

**TRESEMME FREEZE & CONTROL HAIRSPRAY**

\$4; at drugstores  
“This brushes out of your hair without flaking so you can easily switch to a more relaxed style.” —*Tippi Shorter*

**JOHNSON’S BABY SHAMPOO**

\$3; at drugstores  
“It’s a gentle cleansing shampoo that’s not too abrasive on hair.” —*Frédéric Fekkai*



**BRAD JOHNS**  
has been a colorist for over 30 years and is the color director at the Red Door Spa in N.Y.C.



**FREDERIC FEKKAI**  
has salons around the country and a self-titled product line that includes hair color.



**OSCAR BLANDI**  
owns an N.Y.C. salon and has a namesake product line. His clients include Kelly Ripa.



**KIMBERLY KIMBLE**  
owns the Kimble Hair Studio in L.A. and is the creator of Kimble Hair Care Systems.



**STACI CHILD**  
counts Paula Abdul as one of her clients and has a line of headbands called Love Staci.



**ORIBE**  
owns a self-titled salon in Miami, has a product line and works with Jennifer Lopez.